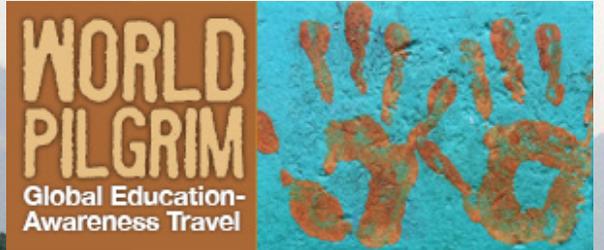


Journey to INDIA

February 26 - March 13, 2017



Travel through various regions of India: the far south of Kerala, Delhi and Jaipur, and the far North, the Himalayas around Dharmasala. Have fun traveling with a group, learning how the threads of spirituality, culture and history are woven together in the experience of India. Visit temples, historical sites, beaches, ayurvedic clinics for massage, projects that are working with those in need in India, spend an afternoon on a houseboat in the Kerala backwaters, visit sites in Delhi, the Dalai Lama's temple in Dharmasala and hear about the struggle of the Tibetan people today. Spend an afternoon visiting an ashram to see and hear what life is like there, have time to explore and shop on your own, and see many interesting sites and visits! Meet Indian guides and friends, sharing their lives, joys and challenges. Build a community with fellow pilgrims, expand your worldview, open your heart. Travel making a difference for yourself and the communities you visit.

Itinerary: Feb 24 depart from Canada/USA to Cochin, Kerala. Feb. 26, 27, 28, Mar 1 Programme in Kerala based on a small island on the backwaters just outside of Cochin. March 2, 3 Stay at Varkala Beach, enjoy the ocean and ayurvedic treatments. Mar. 4 Fly from Trivandrum to Jaipur. Mar. 4, 5, 6 Jaipur, Rajasthan, explore the ancient city and Rajastani culture Mar. 7, 8 Delhi Mar. 9 Fly from Delhi to Dharmasala. Mar. 9, 10, 11, 12 Dharmasala, exploring mountains and the culture of the Tibetan people in exile Mar. 13 Trip over Flights Home, from Delhi **final itinerary will be available September 2016.

All-inclusive in country costs are **\$3775 Canadian, GST included for shared accommodation**. This includes accommodation, meals, guides, all in country transportation including two flights within India, tips, and donations to all the organizations we will visit. Not included in the fee: spending money, ayurvedic treatments, passports and visa costs, immunizations, alcohol during the trip. The flight costs to India are also your own responsibility; however, we will let you know which flight we recommend or you can use our suggested travel agent. You will fly into Cochin on Feb. 26 (departing North America on the 24) and fly out of Delhi on March 13 or 14. This trip is designed for those aged 18 and up. Ask us about the price for single accommodation.

To give you an idea on what you may experience here are some helpful website about places we'll visit and stay:

- Ben's Homestay: www.benshomestay.com
- Akhil Beach Resort Varkala: www.akhilbeachresort.com
- Amma's Ashram: www.amritapuri.org
- Hotel in Jaipur: www.nahargarhaveli.com
- Dharmasala: Dalai Lama: www.dalailama.com
- Hotel in Dharmasala: www.8aushimview.com
- Tibetan Children's Village: www.tcv.org.in

For application forms, tour information and to assess whether this trip is for you please contact guides: Doris at worldpilgrims@gmail.com 604.341.2724 or Chris at christopher.giffen@gmail.com 415.802.3416 Doris Kizinna and Chris Giffen will be guiding the tour and working together in this way for the first time! This is World Pilgrims second journey to India! Doris is the founder of World Pilgrim and has been travelling with groups since 1997 when she took a group of Youth to Guatemala for the first time. She speaks English, German and Spanish and her great passion is helping people experience the world as it really is and make connections globally. Christopher Giffen has a youth & music ministry background, and is now studying bodycentred psychotherapy in San Francisco. He's passionate about musical healing and deep ecological awareness, after spending 5 months in India in 2005 he's thrilled to go back. World Pilgrim has been building up networks of friends in countries like India, Thailand, Europe, Guatemala and Cuba where they work to create meaningful travel that makes a difference to the communities visited and for the travelers themselves. Come join us!

If you are interested in joining us please fill in an application form by September 15/2016.

www.worldpilgrim.ca

Friday, February 24 and Sat, Feb. 25: In Transit

Sunday, Feb. 26 Arrival in Cochin, India

Monday, Feb. 27

Tuesday, Feb. 28

Wednesday, Mar. 1

Thursday, Mar. 2

Friday, Mar. 3

Saturday, Mar. 4

Sunday, Mar. 5

Monday, Mar. 6

Tuesday, Mar. 7

Wednesday, Mar. 8

Thursday, Mar. 9

Friday, Mar. 10

Saturday, Mar. 11

Sunday, Mar. 12

Monday, Mar. 13