

# Walking the Way

## El Camino de Santiago

May 24 - June 12/2019



### Experience a pilgrimage.

For more than a thousand years, pilgrims have walked the Camino de Santiago in Northern Spain ending at the cathedral of Santiago de Compostela where the remains of St. James are buried. To this day, pilgrims from around the world continue to make this journey, each person walking for their own reasons. Perhaps for you it's a spiritual journey, a chance to get away from life and reflect. Perhaps a chance to challenge yourself physically and mentally and to walk with other pilgrims sharing the experience together. Maybe it's a chance to be in nature walking through the beautiful countryside and ancient villages of northern Spain. Your challenge and purpose await you on this journey.

We will be walking two portions of the The French Way: the classic, most popular route that has been declared a UNESCO World Heritage Site. We will begin in Roncesvalles, Spain walking for 9 days to Logrono. From there we will travel together overland to Sarria and walk the final 6 days. On our last day together we'll bus to Finisterre, KM 0 of the Camino and enjoy the ocean views and this final stop together. We'll gather together in the evenings for dinner and community, sharing stories of our experiences on the Camino. You may choose to walk each day alone or with others you meet along the way or in our group. All accommodation will be booked for you and if you wish a support vehicle will carry your bag for you. We'll stay in comfortable guesthouses and hotels along the way. We'll build a community of Pilgrims sharing the journey together.

### Itinerary:

- Day 1: May 24, 2019 Meet together in Roncesvalles, Spain. We will send you routes and travel info. You can fly to either Madrid or Paris.
- Day 2: Begin the Walk: Roncesvalles to Viskarret 12 km
- Day 3: Viskarret to Larrasana 15 km
- Day 4: Larrasana to Pamplona 15 km
- Day 5: Day to enjoy the sights of Pamplona
- Day 6: Pamplona to Puente La Reina 23 km
- Day 7: Puente La Reina to Estella 22 km
- Day 8: Estella to Los Arcos 21 km
- Day 9: Los Arcos to Torres del Rio 13 km
- Day 10: Torres del Rio to Logrono 18 km
- Day 11: Bus to Sarrio from Logrono
- Day 12: Sarria to Portomarin 22 km
- Day 13: Portomarin to Lestedo 19 km
- Day 14: Lestedo to Melide 20 km
- Day 15: Melide to Arzua 14 km
- Day 16: Arzua to O Pedruzo 22 km
- Day 17: O Pedruzo to Santiago 20 km
- Day 18: Day of Reflection, bus trip to Finisterre
- Day 19: June 12/2019 Depart or Onward. Flights from Santiago de Compostela.

**Cost: \$3795 (includes GST)** for shared accommodation. Some single accommodation will be available. Let us know if you are interested and we can let you know what is possible and the cost. *Registration deadline is March 25/2019.*



### Leaders: Julio Cochoy and Doris Kizinna

Doris has been coordinating travel groups to Guatemala, Cuba and India for the past 20 years and is the founder of World Pilgrim. Julio Cochoy is a Maya-Quiche human rights activist from Guatemala and has been working on his process of healing from the trauma of the civil war in Guatemala. Part of that process was to walk the Camino in 2015. Doris walked the final 116 km with him. They are excited to share this pilgrimage on the Camino de Santiago with you.

