

# G U A T E M A L A

## LAND OF THE MAYAN PEOPLE APRIL 5-16/2019

**WHAT?** Discover the Highlands of Guatemala, exploring this beautiful region of Latin America. You'll meet inspiring people and visit projects working to better Guatemalan Society. You'll learn about Mayan culture, traditions and spirituality, meeting people and making connections. Be guided by and meet Guatemalans listening to their stories and struggles. You'll spend time learning about the history of the 36 year civil war and genocide and it's effects on Guatemala today. Visit the school in Chwitziribal and the village meeting the families and students at the school. Visit Chichicastenango's market, a volcanic hot-spring to relax, a fair trade coffee project, a weaving centre and historic Antigua, as well as other worthwhile projects and sites. Build community when travelling with a group of great people, visiting some of the most beautiful places in Guatemala.

### WHERE?

Travel by air to Guatemala City from your location where we embark on our journey spending some days in Antigua and Guatemala City, around Lake Atitlan, Chichicastenango, Chwitziribal, Quezaltenango, and in Santa Lucia Utitlan. If you'd like to visit other parts of Guatemala or Tikal, please let us know and we can help you arrange either before or after this group.

### HOW MUCH?

**Early bird rate, if received on or before Jan. 15/2019 \$2100 USD**

**Regular rate, if received after Jan. 15/2019 \$2350 USD**

**(all inclusive in country costs, gst included) for a journey of 12 days, 11 nights.**

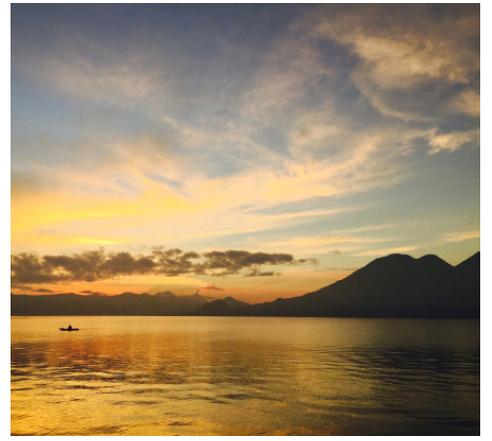
**The registration fee includes:** all organization of the program, resources to help you prepare for the journey (readings, suggested films etc), all in country travel costs including pickup and drop off at airport, 11 nights accommodation (shared), all in country meals during those 12 days, fully escorted tour by one Canadian guide and Guatemala guides, in country transportation with private small bus and driver, translation as required for all talks, tips, all programme expenses such as entrance fees, donations to all organizations we visit made on behalf of the group, GST, and all administration of the tour. This does not include airfare or personal travel insurance, spending money, alcoholic beverages, the cost of your passport, and any immunizations you may need. Single room charge is **\$300 USD**. Good flights are available through Aeromexico from various Canadian Cities. US Airlines travel through L.A., Dallas, Houston and Miami. If purchased in advance tickets from Vancouver to Guatemala City can be as little as \$500 Canadian on Aeromexico.

For more information and an application form please contact  
**Doris Kizinna, 604.341.2724 [worldpilgrims@gmail.com](mailto:worldpilgrims@gmail.com)**

**LEADERSHIP:** Julio Cochoy, Eduardo Elias, and Doris Kizinna. Doris has been coordinating travel groups to Guatemala, Cuba, Thailand and India for the past 20 years and is the founder of World Pilgrim. She is working on her Spanish and considers accompanying people on global education experiences a great privilege of her life. She has travelled extensively in Guatemala and knows the country well. Julio Cochoy is co-leading this tour and is Maya-Quiche from Santa Lucia Utitlan. He is a human rights activist and 10 years ago started a healing process for his community in gathering the historical record of the atrocities that happened there during the Genocide through the Maya Skills Project. Eduardo Elias is our wonderful translator and friend who will accompany part of the trip.

**WWW.WORLDPILGRIM.CA**





## ITINERARY:

**Friday, April 5:** ANTIGUA: arrivals to Guatemala City, meals, overnight in Antigua. [www.hotelcasadelparque.com](http://www.hotelcasadelparque.com)

**Saturday, April 6:** ANTIGUA: Breakfast and Orientation. Lunch at San Cristobal de Cerro, view restaurant of Antigua. Afternoon walking tour of Antigua visiting colonial ruins, Hermano Pedro Church, café, freetime. Dinner. Overnight in Antigua.

**Sunday, April 7:** PANAJACHEL: Breakfast in Antigua. Morning Easter Procession in Antigua. Drive from Antigua to Lake Atitlan and Panajachel. Stop at Iximche, an ancient Mayan archeological site. Lunch enroute. Stop in Solola for a visit with Tzotzil, a mayan dance and music group performance. Drive to Quezaltenango (Xela). Eduardo Elias, our translator joins us in Panajachel. Overnight at the Utz Jay Hotel in Panajachel. Dinner and freetime. [www.hotelutzjay.com](http://www.hotelutzjay.com)

**Monday, April 8:** PANAJACHEL: Breakfast at Hotel and visit the Mayan Families Project and the Senior's lunch and day care centre. Group will sponsor the lunch for the senior's. Visiting and share lunch with them. Freetime to explore Panajachel in the afternoon or walk to Santa Catarina and boat ride home. Dinner together. [www.mayanfamilies.org](http://www.mayanfamilies.org). Overnight at Utz Jay.

**Tuesday, April 9:** PANAJACHEL: Breakfast at the Hotel and early morning boat over the lake to Santiago Atitlan, visit to the church and hear the story of Father Stanley Rother. Beautiful art markets. Boat over to San Juan la Laguna. Lunch there. Afternoon visit with Nan Maria, Mayan Spiritual Leader, for a Mayan Ceremony and visit to weaving cooperatives. Boat over to Panajachel. Overnight at the Utz Jay Hotel.

**Wednesday, April 10:** SANTA LUCIA/XELA: Breakfast at the Hotel, and then drive to Santa Lucia Utatlan (Julio's community) visit the school, and the Women of the Maya Skills Project, hike to the view of the lake, and lunch with Julio's family. Visit Nan Maria, a mayan Elder in her home. Drive to Xela (Quezaltenango) Dinner and Overnight at Hotel Posada Catedral. [www.hotelposadacatedral.com](http://www.hotelposadacatedral.com)

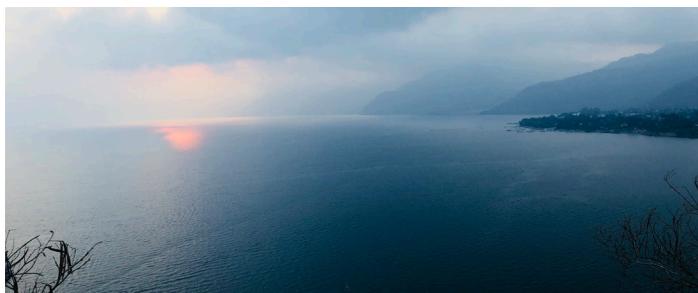
**Thursday, April 11:** QUEZALTENANGO: Breakfast at Hotel. Visit the Chwitziribal Community and the school, share a Day of Joy for the students involving crafts, games, snacks. Lunch in Xela. Afternoon visit to Trama Textiles and the Democracia Market. Dinner and Overnight in Xela. Hotel Posada Catedral.

**Friday, April 12:** CHICHICASTENANGO: Breakfast at the Hotel, pack up and drive to Fuentes Georginas, hot springs for some time and lunch. Afternoon depart for Chichicastenango. Overnight at The Mayan Inn, Chichicastenango. [www.mayaninn.com.gt](http://www.mayaninn.com.gt)

**Saturday, April 13:** CHICHICASTENANGO: early Breakfast in Chichi, 8 am leave Hotel and drive to Zacualpa, visit the Genocide Memorial at the Catholic Church there and share a Mayan Ceremony with Nan Juliana a Mayan Spiritual Leader and elder. Picnic for lunch at the Church, afternoon time to reflect, drive back to Chichi, watch the market set-up and evening reflection. Dinner. Overnight at The Mayan Inn.

**Sunday, April 14: Monday, April 15:** CHICHICASTENANGO/ANTIGUA: Breakfast at the Hotel, Palm Sunday morning market in Chichicastenango. Drive to Antigua. Easter Procession in Antigua in evening. Overnight in Antigua. [www.hotelcasadelparque.com](http://www.hotelcasadelparque.com)

**Monday, April 15:** ANTIGUA: Breakfast in Antigua, morning visit to the Hermano Pedro Hospital, Lunch together, some freetime or optional activities, later afternoon reflection, and final Dinner and Celebration. Overnight:



**Tuesday, April 16:** Home or Beyond: Departures

